

EXTRAIT DES PROCES VERBAUX
DES DELIBERATIONS DU CONSEIL COMMUNAUTAIRE
SEANCE DU 30 DECEMBRE 2024

L'an deux mille vingt-quatre le mercredi dix-huit décembre à dix-huit heures, le conseil communautaire de Lingones Métropole, légalement convoqué le 27 décembre 2024, par le Président, s'est réuni en séance publique à la maison de la Région Nouvelle Aquitaine - site de Lingones, sous la présidence de Guilhem GURIN, Président.

Etaloni, pilaenda:

[illegible]

Aliments crus avec obligation de cuire.

Mrs. Dennis DEWITT domine pousuwa a M. Douglas (LAWRENCE)
 Mrs. Douglas BOULET LEX domine pousuwa a M. Douglas (LAWRENCE)
 Mrs. Dennis LEONHARD domine pousuwa a Mrs. Corinne JUST
 M. Vincent BROUSSE domine pousuwa a Mrs. Susan RUFFAUD
 Mrs. Nathalie METZLE domine pousuwa a M. Banny VERGARAUD
 Mrs. Nathalie NADOT domine pousuwa a M. Jean-Luc NADOT
 M. Laurent CHICHOT domine pousuwa a Mrs. Stéphanie CHICHOT
 M. Philippe JACOT domine pousuwa a Mrs. Nadine JACOT
 M. Vincent REY domine pousuwa a M. Jean-Louis AGOSTINI
 Mrs. Christine ZATTEFF domine pousuwa a M. Georges ZATTEFF
 Mrs. Marie-Christine CHICHOT domine pousuwa a M. Pascal CHICHOT

Abstract. The purpose of this study was to determine the effect of a 12-week training program on the physical fitness of 10-year-old children. The study was conducted in a primary school in the city of Ankara, Turkey. The study group consisted of 20 children (10 boys and 10 girls) who were randomly selected from the 10-year-old children in the school. The children were divided into two groups: a control group and an experimental group. The control group did not participate in any physical activity during the study period, while the experimental group participated in a 12-week training program. The physical fitness of the children was measured at the beginning and at the end of the study period. The measurements included heart rate, blood pressure, and body mass index. The results of the study showed that the experimental group had significantly higher heart rates and blood pressures at the end of the study period compared to the control group. The body mass index of the children in the experimental group also increased significantly. These findings suggest that a 12-week training program can improve the physical fitness of 10-year-old children.

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Zone d'activités d'Aureil - cession d'une parcelle de terrain à la société NELJO
BÂTIMENT 87 ou toute autre personne physique ou morale s'y substituant

Zone d'activités d'Aureil - cession d'une parcelle de terrain à la société NELIO BATIMENT 87 ou toute autre personne physique ou morale s'y substituant

Délégation du 18 décembre 2024



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TÉLÉCHARGER