

EXTRAIT DES PROCES VERBAUX  
DES DELIBERATIONS DU CONSEIL COMMUNAUTAIRE  
SEANCE DU 28 DECEMBRE 2024

L'an deux mille vingt-quatre le mercredi dix-huit décembre à dix-huit heures, le conseil communautaire de Lingones Métropole, légalement convoqué le 27 décembre 2024, par le Président, s'est réuni en séance publique à la maison de la Région Nouvelle Aquitaine - site de Lingones, sous la présidence de Guilhem GURIN, Président.

**Etaloni, pilaenda:**

[illegible]

## Alcanta accende con diligenza le polveri.

Mrs. Dennis DEWITT domine pousuwa a M. Douglas (LAWRENCE)  
 Mrs. Douglas BOULET LEX domine pousuwa a M. Douglas (LAWRENCE)  
 Mrs. Dennis LEONHARD domine pousuwa a Mrs. Corinne JUST  
 M. Vincent BROUSSE domine pousuwa a Mrs. Susan RUFFAUD  
 Mrs. Nathalie HETZLE domine pousuwa a M. Banny VERGARAUD  
 Mrs. Nathalie NADOT domine pousuwa a M. Jean-Luc NADOT  
 M. Laurent CHIFFARD domine pousuwa a Mrs. Stéphanie CHIFFARD  
 M. Philippe JACOT domine pousuwa a Mrs. Nadine JACOT  
 M. Vincent REY domine pousuwa a M. Jean-Louis AGOSTINI  
 Mrs. Christine ZATIERE domine pousuwa a M. Georges ZATIERE  
 Mrs. Anne Marie CHOCQUET domine pousuwa a M. Pascal CHOCQUET

**Abstract.** The purpose of this study was to determine the effect of a 12-week training program on the physical fitness of 10-year-old children. The study was conducted in a primary school in the city of Ankara, Turkey. The study group consisted of 20 children (10 boys and 10 girls) who were randomly selected from the 10-year-old children in the school. The children were divided into two groups: a control group and an experimental group. The control group did not participate in any physical activity during the study period, while the experimental group participated in a 12-week training program. The physical fitness of the children was measured at the beginning and at the end of the study period. The results of the study showed that the experimental group had significantly higher levels of physical fitness than the control group at the end of the study period. The training program had a positive effect on the physical fitness of 10-year-old children.

L'ORDRE DU JOUR EST

## Services communautaires - tarifs de remboursement des prestations de service, des frais de personnel et de matériel

Délibération du 18 décembre 2024



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**TÉLÉCHARGER**